

PROGRAM / PROGRAMME

ISPESCONGRESS2020

III. Uluslararası Beden Eğitimi, Spor, Rekreasyon ve Dans Kongresi
III. Physical Education, Sport, Recreation and Dance Congress
13-14 Haziran 2020 / 13-14 June 2020
İstanbul Aydın University

VIRTUAL- ONLINE

AÇILIŞ / OPENING

Opening Programme and Opening Speeches /Açılış Programı ve Açılış Konuşmaları

13 Haziran / June 2020 Cumartesi /Saturday- Time: 02:00 pm / Saat (TR): 14:00 CEST 13:00 PM
(Zoom)

Join Zoom Meeting

<https://us02web.zoom.us/j/81874753673>

Meeting ID: 818 7475 3673

Prof.Dr. Kemal TAMER

Congress Chairman

Prof. Dr. Yedigir İZMİRLİ

Honorary President of the Congress

İstanbul Aydın Üniversitesi, Rector

Doç. Dr. Mustafa AYDIN

İstanbul Aydın Üniversitesi, President

Prof. Dr. Mehmet GÜNAY

President of Sports Sciences Association

1.GÜN/ 1. DAY

I.OTURUM/ I. SESSION

13 Haziran / June 2020 Cumartesi /Saturday- Time: 02:30 pm / Saat (TR): 14:30 CEST 13:30 PM
(Zoom)

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PANEL

MODERATOR

Prof.Dr. Mehmet GÜNAY

Gazi Üniversitesi Spor Bilimleri Fakültesi Dekanı
Spor Bilimleri Derneği Başkanı/ President of Sports Sciences Association
“Sporcu Sakatlıklarının Önlenmesinde Antrenörün Rolü”

PANELİSTLER / INVITED SPEAKERS

Prof.Dr. Dušan HAMAR

Department of Sports Kinanthropology
Faculty of Physical Education and Sports of Comenius University, Bratislava.
“Strength and Power Training for Elite Athletes”

Professor Antonio PAOLI

Chair of Sport and Exercise Sciences, Director of the Nutrition & Exercise Physiology Laboratory, Department of Biomedical Sciences, University of Padova, Italy.
“Ketogenic Diet in Sports”

Prof.Dr. Mutasem KHATATBEH

Vice Dean at Sports Science Faculty, Mutah University, Jordan
“The Effect of S A Q Training (speed agility quickness) on Physical Fitness and Skills of Collective sports Meta-Analysis”

Assoc. Prof. Rina POONIA

Deputy Director, Physical Education at Manipal University, Jaipur, India.
“Yoga and Stress Management”

Dr. Olena Yarmoliuk

Vice-Dean in Science and Management of International Projects Faculty of Health, Physical Education and Sports Borys Grinchenko Kyiv University
“Sustainability of Sport: Targeting in Ukraine”

2.GÜN / 2. DAY

I. OTURUM / I. SESSION

14 Haziran/ June 2020 Pazar/ Sunday- Time : 02:00 pm / Saat (TR): 14:00 CEST 13:00 PM (Zoom)

Join Zoom Meeting

<https://us02web.zoom.us/j/84348568225>

Meeting ID: 843 4856 8225

PANEL

MODERATOR

Prof.Dr. Mitat KOZ

Ankara Üniversitesi , Spor Bilimleri Fakültesi, Ankara

“Yüksek Yoğunluklu İnterval Egzersizlerin
Kardiyometabolik Etkileri”

“Cardiometabolic Effects of High Intensity Interval Training

PANELİSTLER / INVITED SPEAKERS

Prof. Dr. Kadirhan SUNGUROĞLU

FISU (Uluslararası Üniversite Sporları Federasyonu) Sağlık Kurulu Üyesi

“Madde Bağımlılığı ve Gençlik”

Bircan Ünver

Founder-President,

TV Producer & Head Representative of The Light Millennium to the United Nations Department of Gloabal Communications

“Ever Increasing Importance of Youth, Sport And Civil Society At #Un75towards Achieving Peace And Development
Agenda”

Antonio Robustelli

High Performance Consultant/Sport Scientist

Strength & Conditioning Specialist

“Eccentric Overload Strength Training for Performance and Rehab: Planning and Dosing the Stress Application”

II. OTURUM / II. SESSION

PANEL

14 Haziran/ June 2020 Pazar / Sunday-Time:03:00 pm / Saat (TR): 15:00 (Zoom)

Join Zoom Meeting

<https://us02web.zoom.us/j/84348568225>

Meeting ID: 843 4856 8225

MODERATOR

Prof.Dr. Sebahattin DEVECİOĞLU

Fırat Üniversitesi , Spor Bilimleri Fakültesi, Elazığ

PANELİSTLER / INVITED SPEAKERS

Dr. Öğretim Üyesi Yakup KILIÇ

Fırat Üniversitesi, Spor Bilimleri Fakültesi, Öğretim Üyesi, 2008 Olimpiyat 3.sü

“Geçmişten Günümüze Olimpiyatlar”

Prof. Dr. Ahmet TALİMCİLER

İzmir Bakırçay Üniversitesi, Uygulamalı Sosyoloji Anabilim Dalı, İzmir

“Sporu ve Spor Kültürünü Yeniden Düşünmek”

Tuğrul AKŞAR

Futbol Ekonomisti, İstanbul

“Finansal Futbol”

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[Zoom meeting](#)

İspescongress is inviting you to a scheduled Zoom meeting.

Topic: ISPESCONGRES2020 (I. GÜN / I. DAY)

13 Haziran / Jun 2020 CUMARTESİ / SATURDAY Time: 02:00 PM İstanbul TR 14:00 CEST : 13:00 PM

Join Zoom Meeting

<https://us02web.zoom.us/j/81874753673>

Meeting ID: 818 7475 3673

Topic: ISPESCONGRESS2020 (II. GÜN / II.DAY)

14 Haziran/Jun 2020 PAZAR / SUNDAY Time: 02:00 PM İstanbul TR 14:00 CEST 13:00 PM

Join Zoom Meeting

<https://us02web.zoom.us/j/84348568225>

Meeting ID: 843 4856 8225